



# PEACE POWER

The power that arises  
through practising  
nonviolence, to work  
towards peace.



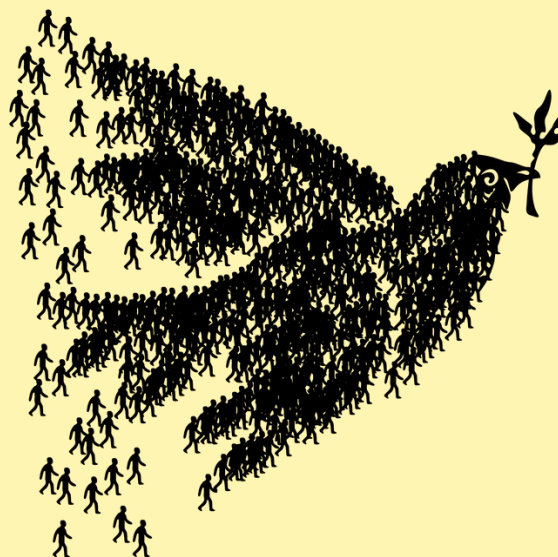
## Vision

Our vision is to build a culture of peace. A world where emotional awareness, empathy, equity, appreciation of diversity and solidarity are encouraged on a personal, social and cultural level.



## Mission

Our mission is to contribute to the development of a nonviolent mindset and behaviours, so one can contribute to one's community, increasing peace in the world.



## Empowerment

Through personal and collective action you empower yourself and your surrounding.



*To build a peaceful world we need to invest in relevant knowledge and skills. Currently less than 1% of military spending is invested in peace-building.\**

\* source: Economic Forum.

## Contact

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## Training & Workshops

Each year we offer several opportunities to learn more about Peace Power. We've received funding from the EU through Erasmus+ to educate **youth workers**, organise workshops for **groups** of activists or individuals and **organisations**. Workshops for **companies** are possible too. While trainings have a theme which is announced in advance, workshops can be tailor-made considering the needs of those who request the workshops. Generally it is recommended to do three 3h workshops, because new skills and knowledge need time to sink in. It is also possible to join webinars online. Have a look on our website and get in touch.

## Finding Solutions

A workshop or training will help you to find solutions in conflicts. By becoming more aware of your habitual reactions, you will be able to choose your response. You will practice your creativity and develop your empathy. These principles can also be applied to social conflicts, if desired.



**From me to we.  
From win-lose  
to win-win.**

## Study Guide

Nina Koevoets (Peace Power) and Veronica Pelicaric (Pace e Bene,) have written a Study Guide "Engaging Nonviolence: Activating Nonviolent Change in Our Lives and Our World", published in October 2019 by Pace e Bene Press. The book guides both participants and potential facilitators. It has three parts: Exploring Nonviolent Power, Nonviolence in Practice and Planning and Strategy. Price: €22,50

## Peaceful Earth Game

The Peaceful Earth Game is a cooperative game that provides you with 9 missions to carry out as a team, to help bring peace to the earth. It is a game in which you will learn about different topics and will feel empowered by taking action on them. In each mission you will carry out one of the suggestions or come up with your own action. You exchange ideas and learn from each other. By playing the game you get new ideas, more hope and you contribute to and work together for a more peaceful earth! Sign up and join other players by sending an email.



## Connecting the dots

**between the personal, interpersonal and global.**

Developing Peace Power means gaining skills on these three levels. In a workshop you will get tools to find more peace within yourself, learn to handle conflict with others more easily and better understand how you could activate change in the world.

## Impact

You will develop competences to become an effective peacebuilder:

- **Skills:** conflict navigation, resolution and prevention, empathic communication, allyship and other anti-oppression work, emotional resilience and self-care, caring for the Earth, and social movement dynamics and organisation.
- **Knowledge and understanding** of structural and cultural violence and nonviolence.
- **Attitude:** increased open-mindedness and cultural sensitivity.
- Moreover, you can develop a **support network** of international peacebuilders; practitioners who share a common commitment to nonviolent social change, that inspire and encourage each other and thereby sustain the motivation to be socially engaged.