

No war, no warming

ACTION PLAN





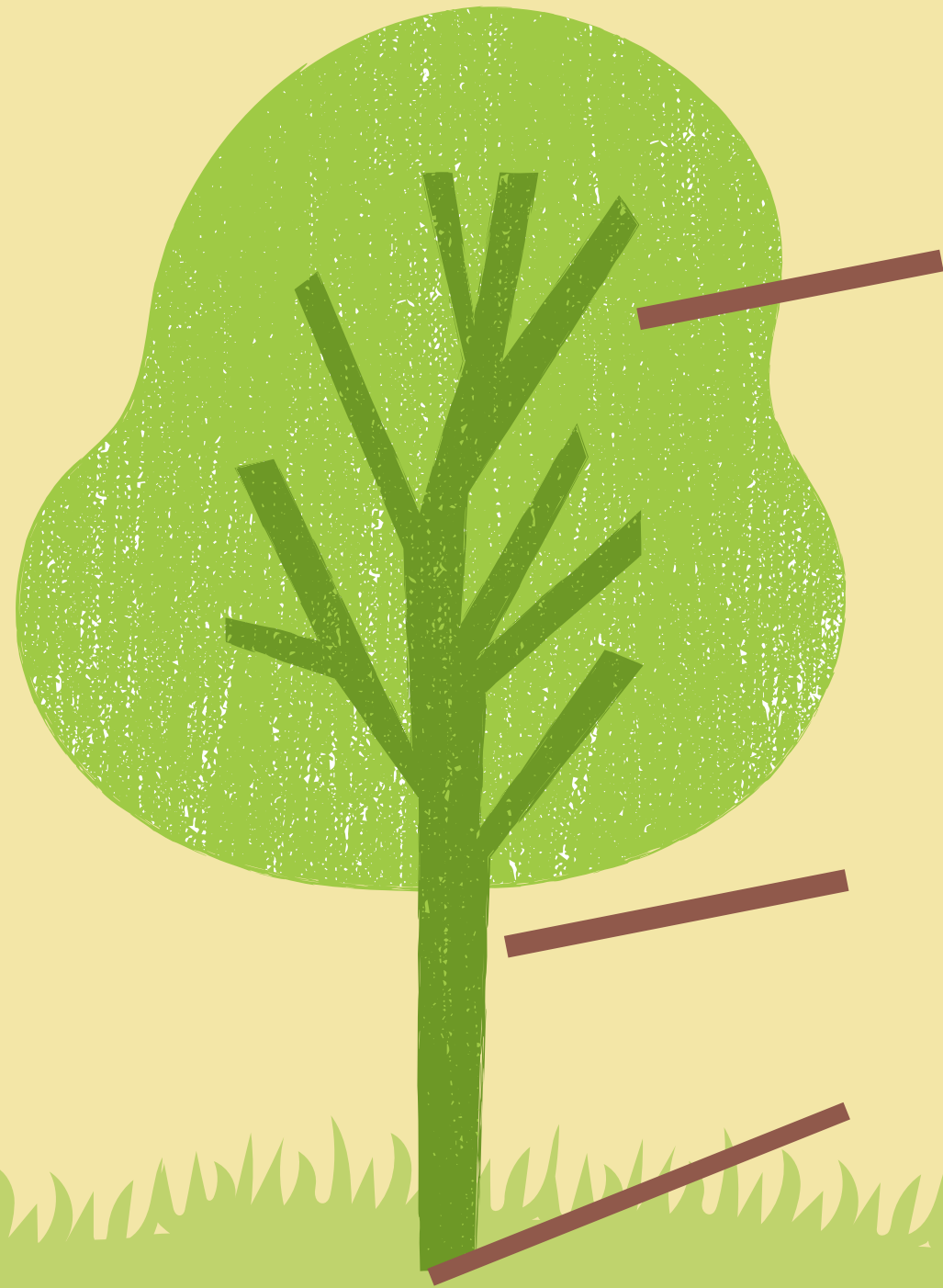
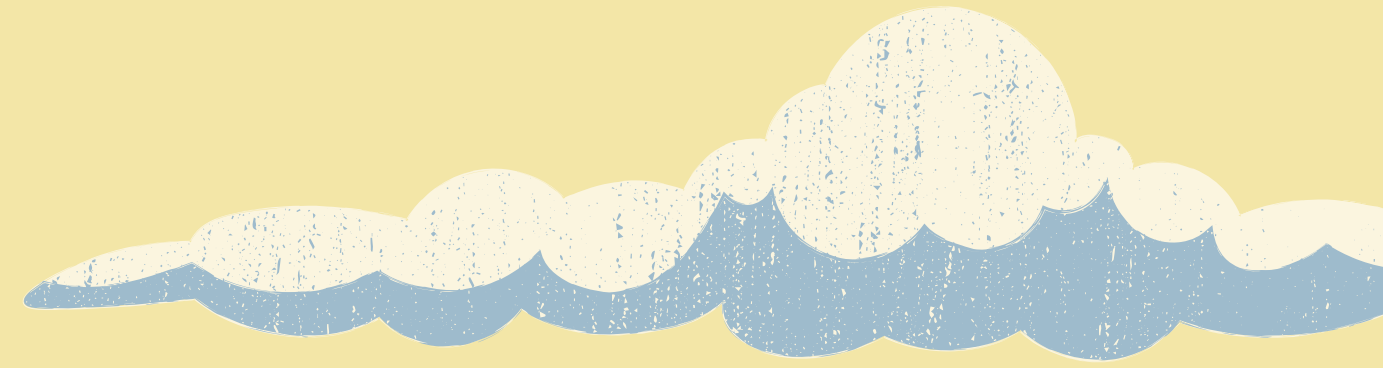
Thessaloniki, Greece



**REDUCE
AGRESSION
IN SCHOOLS**



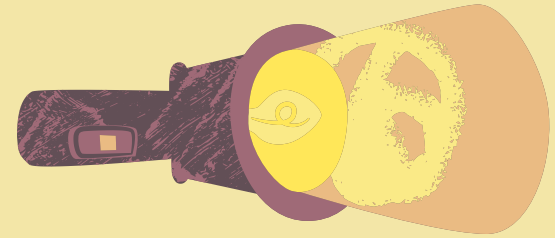
PROBLEM TREE



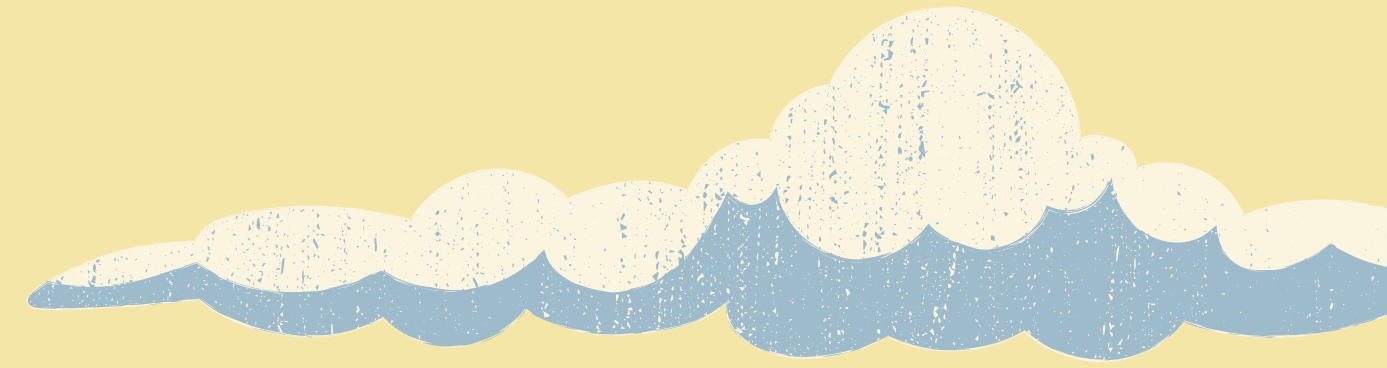
Leaves: Disruption of learning + deteriorating school climate

Trunk: frequent aggressive incidents in the school

Roots: Lack of conflict resolution skills + unaddressed mental issues



VISION

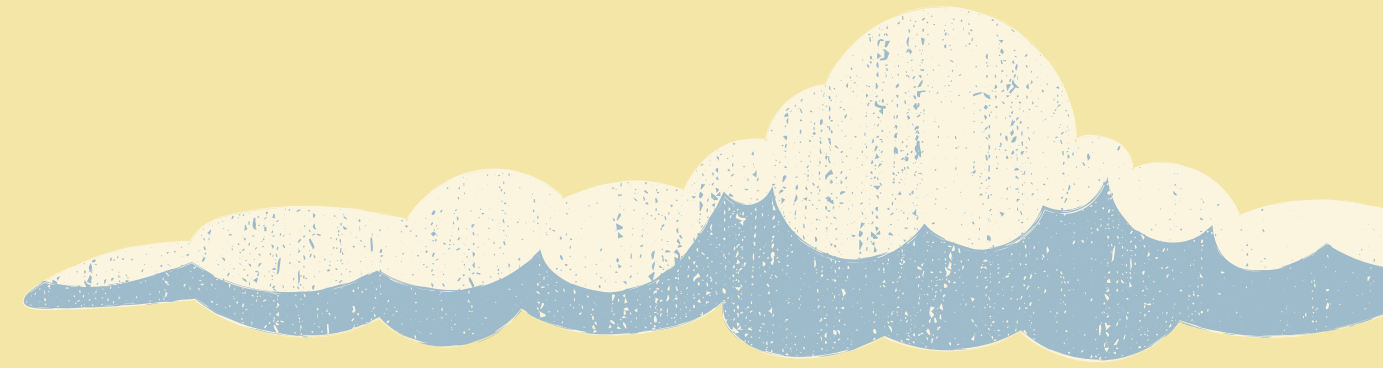


**A more empathic and positive school climate &
reduction of the frequency of aggressive incidents**





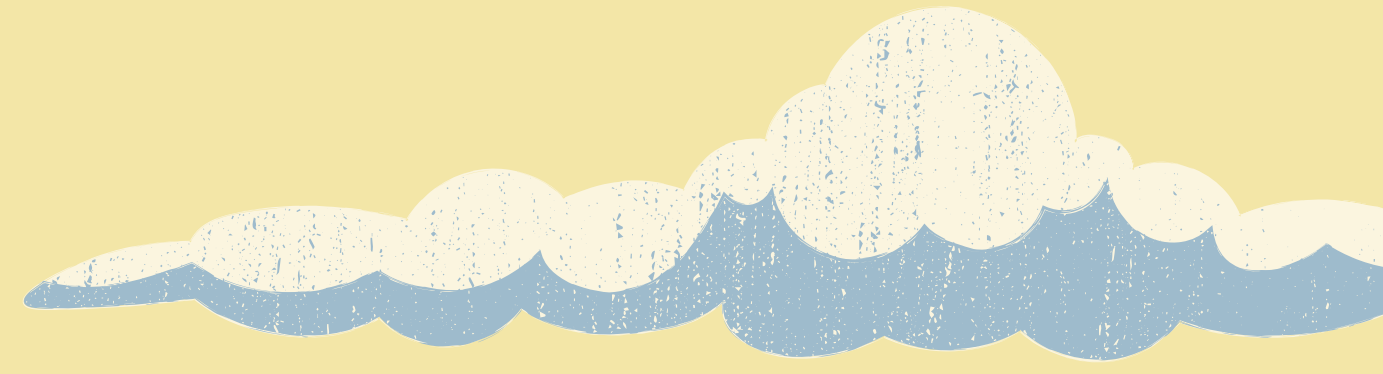
GOAL



- Educating School Staff in Conflict Resolution methodologies
- Raise Student Awareness about the consequences of aggressive behavior and the benefits of nonviolence.



ACTIVITIES

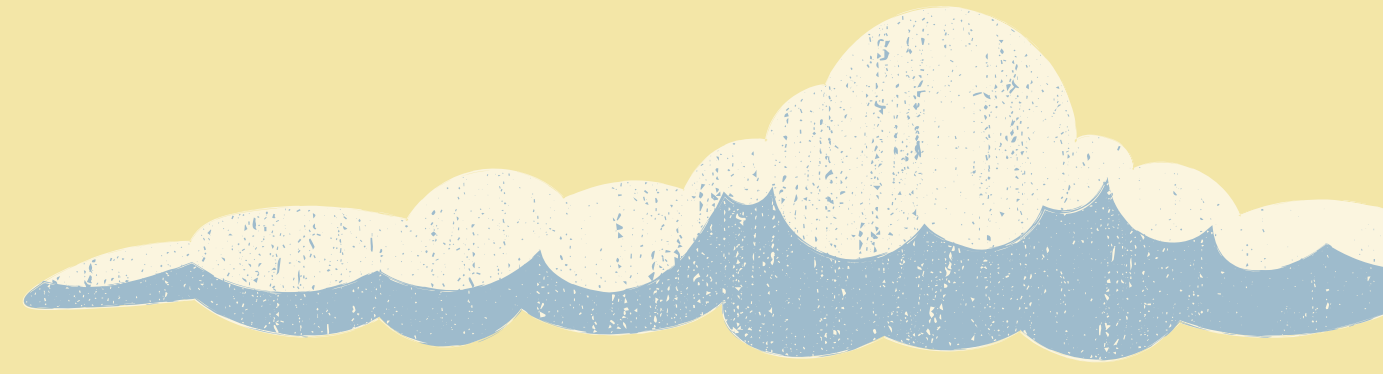


STEP 1

- **Data gathering:** We will collect data on aggressive behaviors, patterns, and triggers in order to understand the specific issues and situations contributing to aggression among students.
- **Team formation:** We will create a team of teachers, counselor, and students who are committed to addressing the issue using nonviolent techniques and forum theatre.



ACTIVITIES

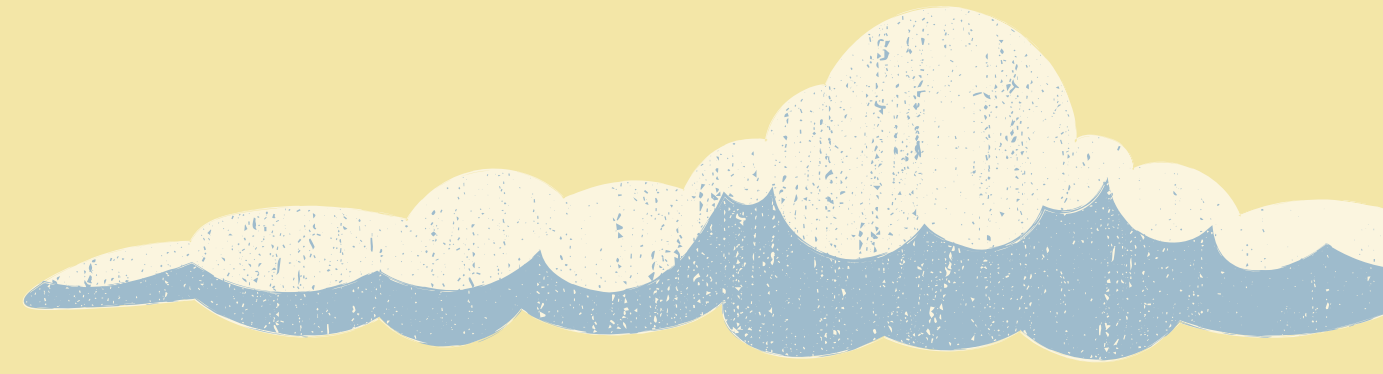


STEP 2

- **Educate School Staff:** provide training for teachers and staff on nonviolent communication, problem solving, restorative practices, and the basics of forum theatre.
- **Raise Student Awareness:** organize workshops, assemblies, or classroom discussions to raise awareness about the consequences of aggressive behavior and the benefits of nonviolence.



ACTIVITIES



STEP 3: Forum Theatre Workshops with students

- Identify specific scenarios of aggressive behaviors among students + create short realistic scenes
- Recruit actors + allocate roles
- Perform scene
- Invite the audience to intervene and de-escalate the situation + encourage empathy
- Discussion and analysis of effectiveness of interventions



ACTIVITIES

STEP 4: Additional Methodologies & Practices

- Create Safe Spaces where students can go to cool down and reflect when emotions escalate.
- Peer Mediation: Train students as peer mediators to help resolve conflicts between their peers using nonviolent techniques they've learned.
- Implement Restorative Practices: Introduce restorative circles for conflict resolution and to rebuild relationships after aggressive incidents.

EXPECTED OUTCOMES

- Reduction in aggressive behaviors amongst students, because students+staff are using new strategies to de-escalate volatile situations.

-> With regular monitoring and evaluation, we can measure the results, make adjustments and celebrate successes.

