



Program Peace on Earth

Empowering women for peace within, with others and for nature

May 5–11, 2024



	DAY 1	DAY 2	DAY 3	DAY 4	DAY 5	DAY 6	DAY 7
Time	Community Building	Compassion & Resilience	Conflict Navigation & Gender	Best Practices in youth work	Green Future	Nonviolent Action	The end is a new beginning
Session 1 9:15	Introductions to the program and group	Emotions & Somatics	Male privilege	World Café	Gratitude & fears around environmental destruction	The Third Harmony film & discussion	Review Youthpass competences
Coffee break							
Session 2 11.00 or 11.30	Group Agreement + Mapping Expectations	Emotional Resilience + Two Hands of Nonviolence	#Meetoo	<i>Action groups: Generating ideas for action</i>	Talking to 7th generation + "Voluntary Simplicity"	Social Change Roles	Dissemination of project results
Lunch break 13:00							
Session 3 15.00	Peace Building on three Dimensions + Forms of power	Nonviolent Communication & Self-empathy	Bystander Intervention Techniques	Free time	Female role models; feminity in mentoring	<i>Action groups: improve action plan</i>	Evaluation of the program
Coffee break							
Session 4	From me to we: interconnectedness	Gratitude & Self-care + <i>Action Groups: problem trees</i>	Conflict styles & problemsolving	Free time	<i>Action groups: spectrum of Allies</i>	Recycling workshop	Closure
Short break							Free time
Reflection+ feedback				Free time			Free time
Dinner 19:00							

