

Training for Trainers Integrating Peace Education in Youth Work - Training 1 in The Netherlands

	Sept. 27	Sept. 28	Sept. 29	Sept. 30	Oct. 1	Oct. 2
	DAY 1	DAY 2	DAY 3	DAY 4	DAY 5	DAY 6
	Introduction	Peace Within	Conflict Navigation	Solidarity	Facilitation	Follow-up & Evaluation
Breakfast 8:00-9:00						
Session 1 9:30-11:30	Opening. Introductions. Mapping expectations	Self-care and Personal Boundaries	The Two Hands of Nonviolence and Conflict Styles	Privilege & Solidarity	Facilitation Practice	Follow-up plans and commitments + self-care / celebration practices
Coffee break						
Session 2 12:00-13:30	Group Agreement & Active Listening	Emotional Resilience	Conflict Styles NVC Role-play	De-escalation Techniques	Exchange of best practices in Conflict Resolution and Peace Building in Youth Work	Evaluation and Dissemination
Lunch break 13:30						
Session 3 15:30-17:30	Peace Please & Sociocracy	Introduction to Nonviolent Communication	Restorative Justice Role-play	Facilitation Skills	Meeting with local peace group (Peace Path Eindhoven)	Evaluation & closing
Coffee break						
Sharing Circles 18:00- 18.30						
Dinner 18:30						
Evening (*optional)	Marking the start of our journey		Film*			