

Integrating Peace Education in Youth Work

Training for Trainers Aug. 2025 - June 2026



Multiplier/Follow-up activities

Greece & Hungary



Workshops in Athens: February 25th, March 25th, & Workshop in Hosszúhetény: April 1st

After this workshop:

- I will understand the differences between selfishness and self-care
- I will identify my personal needs to stay healthy and flourish
- I will learn to communicate my needs in a peaceful way
- I will learn tools and processes to take care of my body, heart and mind through meditation, art therapy, NVC and nature work
- I will experience the idea of interconnectness, we are all a household
- I will learn how to balance the 'I' and the 'WE'
- We will create a support network of people in a similar situation or with similar issues.



Hungary

Another workshop took place in Hosszúhetény on June 28th with a different focus:



Each participant created an individual sketch to explore how ecological resilience and human resilience can nourish one another.

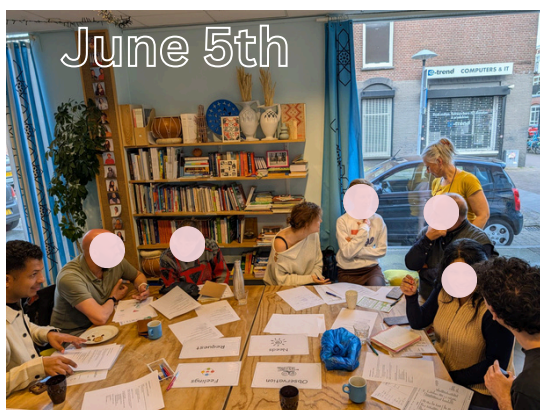
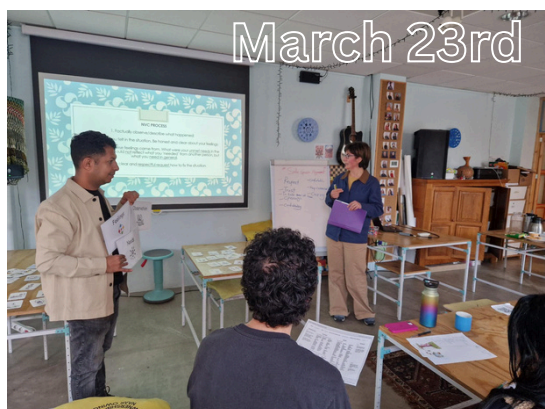
The girls were actively contributing ideas, reflections, and creative solutions.

The Netherlands



Workshops in Utrecht: 23rd March at Cultural Center De Voorkamer & June 5th at University Utrecht Inclusion Programme. "Skills for Peaceful Dialogue" Objectives:

- Learn communication skills that allows for constructive and connecting relationships when conflicts arise.
- Reflect on feelings and needs, creating more clarity and empathy
- Empower young people to engage in dialogue and resolve their differences, even across cultures
- Provide safe and inclusive space for constructive problem-solving



Workshop in Den Haag: April 4th
"Respectful dialogue and other peacebuilding skills"
For Sudanese diaspora from the "No to war" group.



TEACH
PEACE

Spain

"Seeing peace: Understanding everyday peace & cultural violence through images and collective reflection"

Workshop in Girona: March 8th

The **core curriculum** focused on debunking the myth that "peace is simply the absence of violence," moving into deep conceptual analyses through international lenses.

Contextual relevance: Participants come from regions where cultural identity plays a pivotal role, historically linked to open conflict and politically motivated violence.

Pedagogical flow: Conceived as a "Global to Local" journey, using media and audiovisual materials as tools for collective reflection. The facilitator maintained a flexible approach, adapting the original lesson plan to guide the conversation based on the participants' evolving interests.



"Seeing peace: Understanding everyday peace & cultural violence through images and collective reflection"

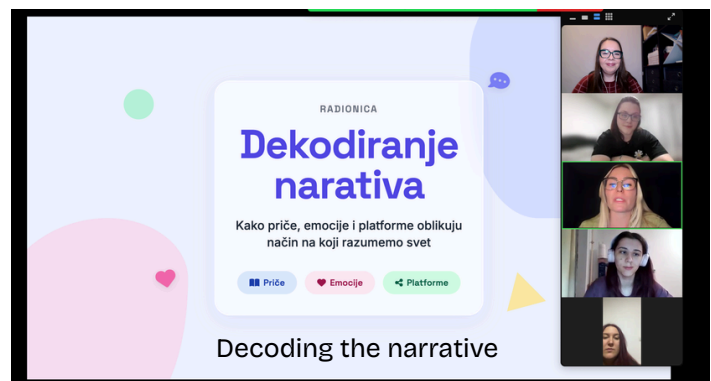
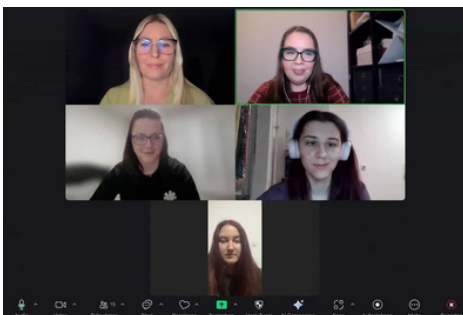
Workshop in Barcelona: April?



Serbia

"Unlearning War"

Online Workshop: March 4th



Italy

Empathic Listening

Workshop on : March 23rd

This workshop was designed as an experiential session focused on empathic deep listening, informed by principles of Nonviolent Communication (NVC). The aim was to provide participants with a space to explore listening beyond daily listening such as advising, interpreting, or responding, and instead experience being present with others in a non-judgmental way and self awareness focused.



A few Reflections:

Does Self-care equals selfishness?: "The participants reported that the workshop provided valuable insights, emotional strength, and inspiration. They appreciated the opportunity to connect with themselves and each other in a supportive environment and expressed a strong interest in continuing the process through future workshops. The combination of peace education, creativity, and Nonviolent Communication proved to be a meaningful and effective approach for supporting inner peace and personal growth."

Seeing Peace: understanding everyday peace & cultural violence through images and collective reflection: "Main Take-Aways:

- High predisposition for peace dialogue: The primary finding of this workshop is that even youth who are entirely unaccustomed to discussing peace and conflict theories demonstrate a great predisposition and capacity to do so when provided with a safe, adequate space.
- The value of theoretical toolkits: Introducing the definitions of positive/negative peace alongside Galtung's triangle of violence allows participants to unpack highly sensitive local conflicts with greater complexity and critical distance.
- The memory gap: A vital point of discussion was the reality of youth agency coupled with a lack of historical memory transmission. This underscores the urgent need for ongoing peace education to actively involve the younger generation in structural peacebuilding, preventing the naturalization of old societal wounds."