

Training for Trainers Integrating Peace Education in Youth Work, Hungary

Time	Activities
DAY 1 (Tue 7/4)– Starting from Gratitude	
Session 1 9:30-11:00	1. Arrival, hopes, program 2. Introduction to The Peace Compass 3. Introduction to The Spiral
Session 2 11:30-13:00	Gratitude for learning, group work, inspiration, outdoors
Session 3 15:00-16.30	Facilitation Skills - Methodology & practice
Session 4 17:00-19:00	Workshop design preparations
evening	Finishing workshop design preparations
DAY 2 (Wed 8/4) – Honoring the pain of the world	
Session 1 9:30-11:00	Truth Mandala - connecting to our emotions regarding the state of the world
Session 2 11:30-13:00	Participant's workshop: Food for thought? - Food waste, hunger, war and peace
Session 3 15:00-16.30	Participant's workshop: Observe, Connect and Heal in Nature - developing resilience in young people
Session 4 17:00-18:30	Debriefing the Truth Mandala
REFLECTION 18:30-19:00	Reflection circles
evening	Optional cinema night
DAY 3 (Thu 9/4) – Seeing with new and ancient eyes	
Session 1 9:30-11:00	Shifting Perspective "new and ancient eyes"
Session 2 11:30-13:00	Participant's workshop: Self-care as a tool for Collective Well-Being
Session 3 15:00-16.30	Participant's workshop: Interconnectedness and indigenous perspectives
	Visit the ecological farm in the village, and to Green School
DAY 4 (Fri 10/4) – Seeing with new and ancient eyes	
Session 1 9:30-11:00	Story Telling for Peace
Session 2 11:30-13:00	Participant's workshop: Participatory Museums
Session 3 15:00-16.30	Participant's workshop: Action for Climate Change
Session 4 17:00-18:30	Nonviolent Activism
REFLECTION 18:30-19:00	Reflection circles
Evening	TBC
DAY 5 (Sat, 11/4) – Follow-up and Evaluation	
Session 1 9:30-11:30	Going Forth
Session 2 12:00-13:00	TBC
Session 3 15:00-16.00	Evaluation of the program
Session 4 16:30-17:30	Way of Council + YP Certificates