

Training for Trainers: Integrating Peace Education in Youth Work

2025-2026

Info Pack 1

Become a peace educator



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Training for Trainers: Integrating Peace Education in Youth Work



Aims & Objectives

This project is developed to integrate Peace Education in youth work, by training youth workers to become peace educators/trainers, over a period of ten months, combining virtual and in-person meetings.

Peace Education is a crucial way to create a Culture of Peace, a much needed concept in these turbulent times. The non-formal education provided in the youth work setting is an ideal way to introduce youth to peace-building, providing them with practical tools to improve their personal well-being, social skills—particularly solving conflicts—citizenship competences and a positive outlook on the future.



The aim of the ToT is to increase the peacebuilding capacity of each organization participating in this project, by empowering youth workers with peacebuilding skills, as well as facilitation and organizational skills, to implement peace education.

The objectives are to empower youth workers by:

1. enhancing their skills to work on **inner peace**, enabling them to support the youth in a peaceful manner, and assist them with their mental health;
2. developing their skills to work on **peace on the inter-personal level**, enabling them to de-escalate conflicts, mediate and resolve them in their youth groups and create peaceful group dynamics;
3. motivating and empowering them to work on peace on the **societal-cultural and planetary level**, enabling them to stimulate active citizenship in youth and implement nonviolent awareness raising campaigns promoting the areas of a culture of peace;
4. improving their **facilitation skills**, so that they can effectively deliver peace education content to youth;
5. creating a **network** of youth workers who are motivated to work with peace education and can support each other to do so, cooperate and exchange best practices.

Program Outline

The project consists of both online and in-person training and mentoring. It has the following building blocks:



1 Preparation

The webinars will be on **Wednesdays**, from the **27th of August** until the 17th of September. (Time to be confirmed). Materials and zoom link will all be put on the [Canvas platform](#). The course information will be published gradually, starting a week in advance.

Themes of the webinars:

1. Better Understanding Violence
2. Better Understanding Nonviolence & Peace
3. Peace & Power
4. Peace Education & Facilitation

Training in The Netherlands

The first training will take place in The Netherlands, from Saturday the **27th of September till Thursday the 2nd of October**. With arrival on the 26th after 15:00 and departure on the 3rd, before 11.00.

The program and other training materials will be shared with you in a shared Google drive folder. Below is more information about the accommodation.



Accommodation, Food and Travel

We will be staying at [Het Wilde Weg](#), in a village called Sint Oedenrode, close to the airport in Eindhoven.

It will thus be the handiest if you can fly to **Eindhoven airport**. From Eindhoven we will arrange two to three shuttle busses. For those who fly to Schiphol airport Amsterdam, the bus can pick you up at Eindhoven trainstation. **Please fill out this form with your arrival times, so we can arrange the shuttle.**

We will start with some introductions on the evening of the 26th, and you can join that day for dinner. So ideally, you arrive to the venue before 19:00, and after 15:00.



Het Wilde Weg (The Wild Way, but also a Dutch word play referring to something a bit random) is an inspiring and spacious place, located in the *Groene Woud* nature reserve, a unique country estate with 9 different accommodations, and a renovated farmhouse for group activities. The farm hosts a variety of activities that bring joy, inspiration, connection and awareness. They focus particularly on people interested in personal development and spiritual growth, and are happy to contribute to a more conscious and loving existence on earth with their offerings. So, it's a place that fits well with our own aims!

Practicalities: The family, with three children, also lives on the same terrain. We thus ask you to be mindful of silent times between 22.00 and 7.00 and generally not put on loud music.

If you can, please **bring bed linnen** with you. Otherwise, we need to rent these for 10 euro p.p.

During the week we are there, we will make sure we are mindful of everyone's needs and cooperate to keep the space tidy. The houses will be cleaned afterwards, but not during our stay. Toilets and showers in the main building are maintained by the owners.

Finally, it is important we separate all rubbish into different bins for paper, plastic, glass and other waste.

Food: Our cook Theodora from Greece will cook delicious **vegetarian** lunch and dinner for us. We'll set-up our own breakfast and clean our own dishes.



Expenses & Reimbursement

This program receives co-financing from **Erasmus+**, a European institution that supports mobility within Europe as well as the improvement of youth work and other sectors of formal and non-formal education. This funding covers your accommodation and food.

We ask everyone to pay a participation fee of **60 euro per in-person training**. You can make one or two payments. The first payment must be made **before the 17th of August**, in order to reserve your place. When we do not receive your payment, we will contact people on the waiting list, so we have time to find another person, as we do not want to have any empty spaces.

Please transfer your participation fee to
Stichting voor Actieve Geweldloosheid
NL41 TRIO 0320 6350 31 (IBAN, without spaces)
Triodos Bank, Zeist, Netherlands.
BIC/SWIFT: TRIONL2U



Travel costs to and from your home to the venue (and no additional detours!) are reimbursed, up to the following maxima:

- Hungary, Italy, Serbia, Spain: €309
- Greece: €395
- Netherlands: €20 for <100 km or €211 for more

The travel expenses are reimbursed **after** the training course, upon receiving all the receipts of your journey. **Only expenses for which receipts are presented will be covered!** Also note that international bank transfers or currency transfers are to be paid by/on the costs of the participants.

If you want, you can travel three days earlier or later. If you travel from another location, please contact Nina at **contact.peacepower@gmail.com**.

Instructions: Please deliver the reimbursement file as follows: scan all your receipts. Make a word file where you write your name and bank account and the total amount of your travel. Put all the receipts in the file and create a PDF that you call: Travel reimbursement *your name*.

Guidelines

We are proposing some guidelines to you that will support us as a group. You will be invited on the first day of the training to revisit them, in order to add or adjust them for a Group Agreement.

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- **Participation and presence:** We strive to be on time for the workshop sessions, to make the most of our time together and ensuring there is enough time for learning. To fully participate, we turn mobile phones, computers and other devices off and leave them in our bag or in our bedroom during the training sessions and reflection groups, unless there is a serious reason that requires access to the phone or internet (if this applies to you, please let the trainers know about it). In addition, we agree not to use any mind altering substances which may affect our presence like alcohol, marihuana or psychedelics during or between the workshop sessions.
- **Confidentiality:** Any personal stories or experiences shared during the course will stay there, we will not talk about them after the training, unless we have been given permission to share them with others.
- **Respecting differences:** We strive to appreciate and honor our differences. We will do our best to be sensitive to the use of power based on race, gender, ability, sexual orientation, money, or class. We hold everyone's needs as equally important.
- **Conflict Management:** We attempt to follow the suggestions set-out in the Conflict Management document that's sent out.
- **Caring for shared space:** We take responsibility for contributing to a space that is enjoyable to work and live in. We don't leave any personal items in the workshop room during lunch break and after the last session. We help setting-up and clearing up breakfast in the morning.

Organisations



The Foundation for Active Nonviolence (Stichting voor Actieve Geweldloosheid - SVAG) was founded back in 1966, with the purpose to contribute to nonviolence in all its forms. We organised training courses until the mid-nineties and re-started those when Nina joined the organisation in 2015. Besides trainings the organisation has done a lot of work on creating educational materials and translations of important texts on peace and nonviolence. All information about the international trainings can be found on the website peace-power.org, everything else is on the Dutch website geweldlozekracht.nl



Hungary: Pandora Deep Ecology Association

Pandora Association was founded in 2012, building on funders' experiences in sustainability and non-formal education. The association organises learning and community events to promote sustainability, active citizenship and healthy life-styles for different target groups. The aim of Pandora Association is to transmit knowledge and skills in active citizenship and community building for a sustainable world, through the methodology and philosophy of deep ecology, voluntary simplicity and permaculture. We create time and space for collective learning and experience, and develop a global vision that promotes conscious and harmonious co-existence with nature. We see learning as a holistic process that takes the trinity of body, mind and soul into account, respects and pays attention to all the participants and the community.



Integrating Peace Education in Youth Work



Spain: Nexes Interculturals

Nexes is a non-profit cooperative founded in 1999 and based in Barcelona. Its team is formed by educators, trainers, youth workers and professionals within the European mobility and cooperation programs, who came together because of their common ideals and interest in dialogue between people coming from different cultures. Its aim is to organize activities, at local and international level for the promotion of human rights education, social inclusion, intercultural dialogue and understanding, active participation and citizenship. The three main fields of action are: 1) Mobility projects as learning opportunities 2) Culture of peace and 3) Training and counseling for young adults and youth professionals.



Italy: Stupor Mundi

Stupor Mundi organises local and international cultural events and raises awareness through the use of visual art and live music, with the objective of involving young people and promoting active participation, enhancing resources already present in the community toward community empowerment. Founded in 2024 the organization is driven by a passionate team committed to making a meaningful impact through non-formal education, training, well-being initiatives, meditation practices, and outreach programs for marginalized groups such as migrants and residents of rural areas.



Serbia: Volunteers' Center Vojvodina

Volunteers' Center of Vojvodina is an association established in 2005 that strives for the promotion and recognition of voluntary work as a tool for development of individuals as well as society. The main activities of VCV are international short-term voluntary projects in small towns in the regions of Vojvodina, long-term exchanges of volunteers on a regional and international level, non-formal education, local projects for community capacity-building, awareness raising campaigns on a variety of topics, mainly linked to peace building. Since 2008, VCV is the Serbian branch of Service Civil International (SCI), one of the largest global voluntary peace movements.



As in every hive of bees, in The Beehive Community we are making the honey together. This is the way we like to imagine ourselves and we act as a team, cooperative, with games, joy and care. In our hive you find seminars, workshops and retreats, we provide this way of life, improving wellness. With your participation, this way of life is established within each of us, so that little by little it becomes the collective and creates positive changes in our social environment!

Trainers



Nina Koevoets - Project Coordinator and Trainer

Nina has been a trainer for a decade. After a bachelor in psychology and anthropology she did a master in conflict resolution and governance. After gaining some work experience in Jerusalem and The Hague, she joined a training program with the Metta Center for Nonviolence in the USA and worked several months in India and Israel-Palestine. These experiences gave her new perspectives and ideas about the challenges and potential of nonviolent action. She earned a second master degree in Global Studies in Sweden, with the intention to do a PhD afterwards, but decided instead to teach outside of academia and become an independent trainer. In 2015 she implemented her first training course in The Netherlands and has organised several since then in different countries. She was born in The Netherlands and lives in Greece (Thessaloniki) since 2017, with her husband and daughter. She's the author of a children's book, a [Study Guide on nonviolence](#) and nonfiction book [The Peace Compass](#).



Ági Berecz - Co-trainer

Ági has been working as a facilitator and a trainer for non-formal learning since 2005. She has been a trainer for the European youth programme, holds a UK level one certificate in youth work and a level three certificate in training and mentoring. She studied integral psychology, ecotherapy, and has been trained as a forest bathing guide and a Work That Reconnects facilitator. She has been guiding many types of groupwork mainly related to self development and ecological sustainability over the past 20 years. She set up and coordinated two long-term European Partnership programmes: Mother Nature (www.mothernatureproject.org) and Inner Pathways to Sustainability (www.innerpathways.eu). Currently she is finishing a PHD programme in education, researching transformative nature based adult learning. She provides deep ecology workshops at ELTE University and within Pandora Association, as well as leading Mother Nature Hungary.



You will receive more information about the 2nd training course when the dates are more near. The preliminary dates for this training is April 6 to 11, 2026. About the mentoring period we will inform you by email.

We look very much forward to meet you online and in person!



Nina & Ági.